



EASTBOURNE ROVERS CYCLING CLUB

The Official Newsletter of the Eastbourne Rovers Cycling Club
Issue No 41 December 2011

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A bumper Christmas edition.

Club News

Club Dinner and Prize Presentation is on **Saturday 21st January 2012**, details and reservation form is on page 2

Why not come to the **ESCA lunch** on 15 January 2012, as **Andy Wilkinson** is a guest of honour

Clubruns

These are now in full winter swing, with two groups, one for a longer ride of around 5 hours and 100km and the other a shorter ride to suit participants.

Reports of recent clubruns, the 65 mile **ESCA Reliability Trial** and the **Mince Pie and Stollen** 100km Audax are included.

George Henty's 80th Birthday

George Henty's 80th Birthday celebration is reported, along with the return of **Nostalgia Corner**, this time from 1963 and 1980.

AGM Reports

The reports from officers and decisions from the AGM are reported.

Hon. Ed

Useful Contact Info:

Ann Human:	Secretary :	01323 485180
Graham Lade:	Chairman:	01323 509408
Peter Moon:	Treasurer and Club Kit:	01323 485180
Stuart Davis:	Time Trials Secretary -	01323 469188
Iain Brogden	Website	01323 520590
Dave Cox:	Club Captain, Evening Time Trial Series and Sunday Rides - 01323 507916	
Tony Murphy	Press Secretary:	01323 410376

CLUB NEWS

Starting with a couple of Dinner details

ANNUAL CLUB PRESENTATION DINNER *Saturday 21st January 2012*

The menu (see below) has changed and the price is now only £16 per head. The event will start at 7:30pm so please arrive by 7pm

Sue Cox is once again organising this year's event, Sue says that it is always nice to be able to present prize winners with their trophy's on the night and to celebrate a successful cycling season so please make every effort to attend, and of course feel free to bring any guests along with you as this is a social evening not just a discussion about **cycling!!!!**

Any queries give me a call or e-mail and I will get back to you. Look forward to seeing you all there
Sue Cox

Eastbourne Rovers CC
Telephone 01323507916

Mobile 07738301520

MENU

PRAWNS & PINEAPPLE SALAD

**PAN FRIED CHICKEN BREAST WITH MUSHROOM & TARRAGON
OR
MEDITERRANEAN VEGETABLE TART**

APPLE & RASBERRY CRUMBLE WITH VANILLA SAUCE

COFFEE & MINTS

Name _____

I wish to reserve _____ places for the Annual Dinner on 21st January 2012

ESCA Lunch

I give below details of the ESCA Lunch, where Andy Wilkinson will be a Guest of Honour



East Sussex Cycling Association

2011 President – Mick Kilby – Lewes Wanderers



Annual Luncheon and Prize Presentation Sunday 15th January 2012

The annual luncheon and prize presentation will be held at the **Horseshoe Inn**, Windmill Hill, near Herstmonceux, East Sussex BN27 4RU – on the A271. Bookings are being taken at a cost of £17.50 per person – everyone is welcome from 12:00 noon for lunch at 1:00 pm.

We are delighted to announce that guests of honour will include the **2011 National 24 hour Champion and record holder Andy Wilkinson** together with the ESCA 24 hour award winners, Ladies National 24 hour champion Bronwen Ewing, and the national 24 hour team winners Dave Shepherd, Andy Payne and Tony Reeves from GS Stella. We sincerely hope you will be able to attend and celebrate the achievements of all the ESCA competitors during the 2011 season, and look forward to welcoming you on the day.

🌀 Starter 🌀

Option 1 Oven Roasted Tomato Soup with Cheese Croutons

Option 2 Chicken Liver & Stilton Pate with Hot Toast

🌀 Main Course 🌀

Option 1 Roast Topside of Beef served with roast potato, Yorkshire pudding and seasonal vegetables

Option 2 Wild Mushroom Risotto

🌀 Dessert 🌀

Option 1 Sticky Toffee Pudding

Option 2 Montgomery Cheddar with Crackers & Chutney

Followed by Tea or Coffee and Mints

To book please complete the form below and return with the appropriate remittance (payable to East Sussex Cycling Association), to Ann Human, Little Brook, 73 Wannock Lane, Eastbourne, East Sussex BN20 9SG, to arrive no later than **Tuesday 3rd January 2012**. If you have any queries please do not hesitate to contact Ann Human on 01323 485180 or by e-mail to ann.human@btinternet.com



Club
Telephone

Name
E-mail

Member/Guest Name	Starter Option Please tick <input checked="" type="checkbox"/>		Main Course Option Please tick <input checked="" type="checkbox"/>		Dessert Course Option Please tick <input checked="" type="checkbox"/>	
	1 <input type="checkbox"/>	2 <input type="checkbox"/>	1 <input type="checkbox"/>	2 <input type="checkbox"/>	1 <input type="checkbox"/>	2 <input type="checkbox"/>
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I wish to book

places @ £17.50 each and enclose a total remittance of

£

East Sussex Cycling Association 2011 Award Winners

Award	Winner	Result	Club
Hardriders Page Tankard	Iain Brogden	37:35	Eastbourne Rovers
2up Team TT Cup	Alan MacInnes Steve Dennis	52:44	East Grinstead CC
10 mile Team Shield	Peter Tadros 20:02 Will Manger 20:43 Conall Yates 21:22	1:02:07	In-Gear Quickvit Trainsharp
Junior 10 mile Cup	Callum Middleton	23:55	Lewes Wanderers
Ladies 10 mile Cup	Elisabeth Brama	24:25	Brighton Phoenix Tri
25 mile Team Rosemary Shield	Peter Tadros 52:24 Will Manger 53:06 Conall Yates 54:54	2:40:24	In-Gear Quickvit Trainsharp
Junior 25 mile Cup	Callum Middleton	1:01:51	Lewes Wanderers
Ladies 25 mile Cup	Elisabeth Brama	1:02:25	Brighton Phoenix Tri
Veteran 25 mile Cup	Harry Featherstone	+ 19:18	Eastbourne Rovers
25 mile 60 min Cup	Peter Tadros	52:08	In-Gear Quickvit Trainsharp
50 mile Team Trophy	Nick Dwyer 1:50:09 Rob Pelham 1:50:28 Matt Coombs 1:57:00	5:37:37	Lewes Wanderers
Ladies 50 mile Cup	Elisabeth Brama	2:12:24	Brighton Phoenix Tri
50 mile Cup	Nick Dwyer	1:50:09	Lewes Wanderers
100 mile Team Shield	Rob Pelham 3:54:44 Nick Dwyer 4:03:36 Tom Glandfield 4:10:54	12:09:14	Lewes Wanderers
100 mile Cup	Rob Pelham	3:54:44	Lewes Wanderers
ESCA 24 hour Plaque – Team	David Shepherd 483.93 Andy Payne 464.67 Tony Reeves 436.78	1385.38 miles	GS Stella
ESCA 24 hour Plaque – Lady	Bronwen Ewing	406.78 miles	Rye & District Wheelers

ESCA 24 hour Plaque – Veteran	David Shepherd	+ 118.74 miles	GS Stella
ESCA 24 hour Plaque – Third	Peter Moon	443.63 miles	Eastbourne Rovers
ESCA 24 hour Plaque – Second	Andy Payne	464.67 miles	GS Stella
ESCA 24 hour Plaque – First	David Shepherd	483.93 miles	GS Stella
Club Points Shield		2073 points	Lewes Wanderers
Individual Points Cup	Rob Pelham	255 points	Lewes Wanderers
Reliability Trial Shield		23 Finishers	Lewes Wanderers
Roy Humphrey Award	Robin Johnson David Dallimore	Signing the 24 hour course	Brighton Mitre VTTA (Surrey/Sussex)
Senior BAR Team Trophy	Nick Dwyer Rob Pelham Tom Glandfield	26.696 26.312 25.208 } 26.072 mph	Lewes Wanderers
Junior BAR Award	Callum Middleton	24.670 mph	Lewes Wanderers
Lady BAR Trophy	Elisabeth Brama	23.755 mph	Brighton Phoenix Tri
Lady Veteran BAR Award	Not Contested		
Veteran BAR Salver	Nick Dwyer	+ 6.203 mph	Lewes Wanderers
Senior BAR Trophy	Nick Dwyer	26.696 mph	Lewes Wanderers

Club Night: Every Monday evening from 8.00pm – 10.30pm (excluding bank holidays) at the Stone Cross Memorial Hall (opposite the Red Lion Public House). Chance to meet and socialise, catch up with recent news and gossip. Refreshments available.

Coached Turbo Sessions: A structured turbo session is held throughout the “winter” months (November to April). Free to club members, only £2 for non –members. Any queries please contact Graham Lade who will co-ordinate these sessions. **Starting at 8pm, set up from 7:30.**

Watt Bikes

The Club now has two Wattbikes for use by members at our Monday evening club nights at Stone Cross Village Hall. Come along anytime after 8:00pm to have a try for yourself and see what the Wattbike has to offer. Stuart Davis will be looking at the software with a view to devising some challenges for you over the coming weeks! The Wattbike was created with British Cycling to provide an affordable indoor bike for training and testing that is suitable for everyone from school children to Olympic Gold Medalists. Within seconds you can be accurately measuring your power output, your pedalling technique and heart rate... For more information visit the wattbike website <http://wattbike.com/uk/wattbike>



Club Clothing: Peter Moon has the order forms for your kit, including bib shorts. Money with order please.

Winter Club Runs: The run for each forthcoming Sunday is now on the website

Meet at the Horse and Groom Public House at Polegate crossroads at 9.15am each Sunday. For any further information please contact Dave Cox : tel: 01323 507916, Richard Thomas or any other members of the committee.

See below for reports on the Clubruns, Reliability Trials and Audax events from 13 November 2011 to 11 December 2011.

GEORGE HENTY'S 80th BIRTHDAY BASH

George is a modest man, and appreciates that life's patterns should not be disturbed. He is also aware that his Birthday is celebrated by millions all over the world, and George believes that he shares his Birthday with another well known person.

Hence, in order to maintain the general order of things, and realising that most people may be a bit busy doing something else on his actual Birthday, George arranged an advance celebration at Wessons on Friday 2 December.



A goodly crowd of the usual suspects were there, and Maureen, George's wife, joined us for the event.

George, all Club Members wish you all the very best for an enjoyable Birthday, and congratulate you on becoming a Life Member of the Club (see AGM Report).

Footnote; In case you have not already worked it out, George's Birthday is 25 December.

Just remember, nostalgia is alright but not as good as it used to be!

I have been looking through some old Cycling of the 1960's and come up with a few interesting results from 1963. Lots of well known local names feature, as you would expect, and you had to be good to get into print. I also found a good result for the Club from 1980, featuring **Dave Dunbar** and others.

Chris Snelling features, as does a certain **G Lade** of the Tunbridge Wells RC (we later poached him!). **Ken and Iris Stevens** feature quite a bit, they later decamped to the Lewes before moving "up north". In those days the Ladies rode a separate event to the Men, and Iris had a ding dong battle with M Beeston, each winning once!

CYCLING, February 27, 1963

French Wins in Sussex

THE East Sussex C.A. Hardriders "12" was won by R. French, Hastings and St. Leonards in 36-31 on Sunday. The very cold east wind put off only 7 of the 38 entries, yet despite the fact that the course was icy in places, and snow was still piled up on the lanes, there were 26 finishers.

R. French, Hastings-St. Leonards	36 31
C. Snelling, Eastbourne Rvrs.	.. 37 15
G. Lade, Tunbridge Wells	.. 38 11
K. Stevens, Eastbourne Rvrs.	.. 38 15
M. Watson, Eastbourne Rvrs.	.. 38 55
P. Brooker, Hastings-St. Leonards	39 47
D. Nightingale, Tunbridge Wells	39 40
M. Carpenter, Hastings-St. Leonards	39 49
C. Colyer, Brighton Mitre C.C.	.. 39 51
G. Manyan, Tunbridge Wells R.C.	40 36
Team.—(C. Snelling, K. Stevens, M. Watson), 1-54-25.	

SUSSEX TOURISTS

THE East Sussex C.A. tourist competition, held in the snowbound Sussex lanes on February 10, was won by K. Stevens with 46 points to 1961 winner, B. Allcorn's 44. Eastbourne Rovers C. and A.C. members filled the first four places. A record attendance of 80 supported the party and film shown at Stonecross, Eastbourne, which followed.

CYCLING, September 11, 1963

EAST SUSSEX C.A. "25"

M. Beeston, Brighton Mitre C.C.	1 12 23
I. Stevens, Eastbourne Rovers	.. 1 14 49
H'cap.—M. Beeston, Brighton Mitre C.C., 1-12-23.	

EAST SUSSEX C.A. "25"

G. Atterbury, Brighton Mitre C.C.	1 0 13
M. Watson, Eastbourne Rov.	.. 1 3 10
K. Stevens, Eastbourne Rov. C.C.	1 3 40
C. Snelling, Eastbourne Rov. C.C.	1 4 1
H'cap.—M. Watson, Eastbourne Rovers (3), 59-25. Team.—Eastbourne Rovers, 3-10-51.	

CYCLING, September 4, 1963

EAST SUSSEX C.A. "50"

R. Marchant, East Grinstead C.C.	2 5 14
D. Hook, Hastings & St. L.	2 8 12
G. Lade, Tunbridge Wells R.C.	2 12 15
C. Snelling, Eastbourne Rovers	2 13 36
P. Crowsley, Southborough Wh.	2 13 40
M. Carpenter, Hastings & St. L.	2 14 20
D. Agg, Lewes Wanderers C.C.	2 14 36
R. J. Lunn, East Grinstead C.C.	2 14 49

H'cap.—M. Conburn, Lewes Wanderers C.C. (13-45), 2-2-2. Team.—Hastings & St. Leonards C.C., 6-39-7.

EAST SUSSEX C.A. "50"

I. Stevens, Eastbourne Rovers	2 28 52
M. Breston, Brighton Mitre C.C.	2 29 59

R.T.T.C. CHAMP. "24" (Catford C.C.) (official result)

N. Carline, Morley C.C.	.. 475.178
R. W. E. Poole, Middlesex R.C.	468.815
F. A. Burrell, Middlesex R.C.	.. 464.746
D. Cooke, Apollo C.C.	.. 458.934
C. Smith, East Midlands C.C.	.. 451.695
M. J. Dunn, Catford C.C.	.. 440.900
J. P. Dean, Middlesex R.C.	.. 439.895
D. Robertson, Morley C.C.	.. 436.868
P. N. Sweetman, East Surrey R.C.	431.168
H. T. Brissenden, Mid-Shropshire	430.883
Best tricycle.—R. R. Baker, Medway Wh., 396.259. Team.—Middlesex R.C., 1,373.456, 1; Morley C.C., 1,312.750, 2.	

DEATH OF CONDOR FOUNDER

WE very much regret to record the sudden death of W. Conway, partner of Condor Cycles, the famous London lightweight concern which he started shortly after World War Two. The business will continue under Mrs. Conway and the other partner, M. Young, who was brother-in-law to Mr. Conway.

CYCLING, August 9, 1980

E. SUSSEX CA "100" (G863)

Mark Jones, Central Sussex CC	... 4 30 40
D. Dunbar, Eastbourne Rovers CC	4 34 24
I. Berry, Crawley Wh	... 4 35 56
P. Baker, NatWest Bank CC	... 4 36 8
C. Attwood, Lewes Wanderers	... 4 36 47
A. Brooks, Hastings & St Leonards	... 4 38 6
H'cap.—S. Prior, Eastbourne Rovers CC (40-0) 4-4-43. Team.—Eastbourne Rovers CC (Dunbar, D. Kitching 4-38-47, S. Prior 4-44-43) 13-57-54.	

Who was **M Watson**? Has anyone any information please, as he appears to be a rider of some quality! **Chris Colyer**, who now rides with the Wednesday CTC group, also features.

Several well known names feature in the result of the **ESCA 50**, **Graham** placing third again. By the way, who is this **M Conburn** of the Lewes, did he change his name I wonder?

I also put in the result of the **Nat 24hr TT Champs of 1963**, when the Catford promoted, for the sake of comparison with today's riders/rides.

For those of us who own **Condor bikes**, I thought you might be interested in how the company was formed, as one of the founders, **W Conway**, died that week.

I also found a great result for **Dave Dunbar** in the **ESCA 100 mile TT of 9 August 1980**, when Dave took 2nd place, Rovers won the team and a very young **Simon Prior** (aged 15 I seem to recall) did his first 100 to win the handicap prize and be part of the winning team. Who was **D Kitching**? Peter Baker also featured, but he was riding as a banker then!

I hope you find this little Corner of the world of interest, as I have plenty more where this lot came from!
Ed.

Clubrun Reports, including the ESCA Reliability Trial and Mince Pie and Stollen Audax

by Richard Thomas

Clubrun 13 November 2011

There were two rides today. It was a sunny and warm morning enjoyed by all. Adam, Andy S, Iain, Shane, Stuart M. and Richard T. went on the longer ride with Callum McKee and Dave Clark, who rode with us until near Hadlow Down before turning back for home. Tony, Clive, Rob, Roger, Richard O and Richard G, along with Peter Moon, who had already done 2 hours before meeting us at Polegate, went on the shorter ride. They left us at Halland to go to Laughton.

From Halland we went up to Hadlow Down, Jarvis Brook and Rotherfield before descending to Mayfield, then climbing Newick Lane to Heathfield before a fast downhill to Horam, where we went through the 30mph sign in excess of that speed, before cresting Grove Hill and then down to Hailsham, then home. I found it a bit tough and was very tired when I got home, having averaged 25.5km/hr for a ride time of 3 hours 10 minutes covering 81km. No cafe stop!

20 November 2011

A clubrun was held but I have no information on it. A good number of us did the ESCA Reliability Trial as reported here;

ESCA 65th Anniversary Reliability Trial 65 miles

Well, I did get round but not without incident (two in fact!). There were 131 entries, 103 started and only 53 got round in their allotted time! Quite an attrition rate.

The route is shown below;

ESCA 65th Anniversary Reliability Trial, 20th November 2011 Promoted by Lewes Wanderers CC		CHECK
Directions : R from the hall carpark - 1 st L - 1 st L sp Blackboys(Hollow Lane) - R@T sp Blackboys(B2192) - 1 st L sp Framfield(School Lane) - SO@X(Gun Rd) - L@T(Shepherds Hill) - R@T sp Buxted - R@T(A272) - 1st L sp Rotherfield - L@X(grass triangle)sp Crowborough - R@T(Western Rd) - R@T sp Rotherfield - 1 st L(Palesgate Lane) - R@T - 2 nd exit@RAB - 2 nd exit@RAB sp Tun/Wells(A26) - 1 st R & imm R@T - CHECK 1 - 1 st R(Redgate Mill Lane) - SO@X sp Mark Cross(Cowford Bridge Lane) - L@T & imm R(Yew Tree Lane) - L@T(A267) - 1st R sp Lake Street - L@T(Tidebrook Rd) - 1 st R(Riseden Lane) - 1 st L(Snape Lane) - Fork L(Brinkers Lane) - Keep R into Darby Lane - R@T(Ticehurst Rd) - 1 st R sp Stonegate - 1 st L sp Ticehurst(Cottenden Lane), SO in effect - 2 nd R(Sheep Street Lane) - 1 st L (Fysie Lane), SO in effect - R@T (grass triangle) - CHECK 2 - R@T no sign(A265) - 1 st L sp Robertsbridge - 1 st R(Fontridge Lane) - L@T sp Brightling - R@T sp Woods Corner - R@T & imm L sp Bodle Street Green - 1 st R sp Bodle Street - 1 st R sp Dallington - 1 st L sp Churches Green - 2 nd R (grass triangle) no sign - R@T no sign - 2 nd L(Back Lane) - L@T sp Cowbeech - 1 st R Warbleton(Kingsley Hill) - R@T sp Warbleton Church - 1 st L(Furnace Lane) - L@T(Nettlesworth Lane) - R@T sp Horam - L@T sp Hailsham(A267) - 1 st R sp Chiddingly - 2 nd R sp Muddles Green - 1 st L sp Golden Cross - L@T(A22) & imm R sp Chalvington - 2 nd R sp Ripe - L@grass RAB sp Laughton - CHECK 3 - 1 st R sp Laughton - R@T sp Laughton - 1 st L sp Laughton - L@X sp Ringmer(B2124) - 2 nd R(Half Mile Drove) - R@T - 1st L sp Bentley Wildfowl(Harveys Lane) - 1 st R, SO in effect, then imm R@T sp Framfield - CHECK 4 - R@T sp Eastbourne(A22) - 2 nd exit@RAB - 1 st exit@RAB sp East Hoathly - R into hall carpark and finish.	1 2 3 4	
Abbreviations: L=Left R=Right SO=Straight Over X=Crossroads @=at Imm=immediately sp=sign posted RAB=Round About		

I drove up as if I had ridden, the overall ride would have been nearly 90 miles, too much. Temperature was just above freezing with thick mist. The majority of the Rovers were away in group 1, of at 8am. We had to finish in the time frame 12:50 to 13:00. (see below);

Martin Malins EGCC;

Adam Ford Alan Symonds Andrew Stobbart Andy Eaton

Callum McKee Caroline Little Charlotte Little Clive Richardson David Clark Iain Brogden Kevin Burton

Peter Moon Richard Thomas Shane Hills Stuart Medhurst all ERCC

Brian Flint Linda Beattie both Horsham

Well, 2 Rovers in our group (Andy Eaton and Clive R.) did not turn up on time, neither did one "Horsham Cycling" rider. Iain Brogden was doing the 4hr ride (Mark Poland, ERCC was DNS) with Sean Yates and Shaun Reed.

So we 14 were sent off by timekeeper Mick Kilby at 8am, me with the route on my map holder and basically, everyone else relying on me,. Peter Moon had the route up is shorts, at the leg! not elsewhere, so he kept an eye on things as well.

The first few kms. went OK, with Martin Malins up front and continuously talking as usual, which I find wearing, and by the "R @T Western Rd" he was out of sight ahead of us. By the time we got to Palesgate Lane the two girls and Alan S were off the back, slowed by the hills. Peter Moon said we had better get on, as we were just on the time limit (pro rata) so we pressed on, now down to 10 riders. We went through the first control, where Richard Meed was doing the sheet punching. Into Redgate Mill Lane, still going OK and then along Cow Bridge Lane and Yew Tree Lane. I was on the front with Callum McKee in Yew Tree Lane, chatting as you do, when on a slight left hander, where a farm track came out from the right, the road was very slippery with dark mud on the road and my front wheel slipped and I crashed to the ground very hard. Callum went over the bars and landed on top of me, his bike went up my back, Shane and Dave had difficulty stopping and headed across the ditch on the other side of the road, so a bit of carnage really. My back light was down the road and Stuart Medhurst picked that up for me, Shane rescued my bottle from the other side of the road and Andy Stobbart checked that I was alright and all told me to rest a bit to recover.

My bike still worked, with only slight damage, scratches to ergo levers, cut lever hood, scratched pedal and rear mech. I was not so lucky, with a really damaged right wrist, grazed elbow and hip and a big swelling on my thigh above my right knee. Clothing was only slightly grazed. Callum hurt a finger on his left hand. Everyone else was OK. We rode on and I could keep up despite quite a bit of pain when I changed gear and applied the brakes, when just before the "2nd R Sheep Street Lane" I got a pinch puncture, and I thought that was it for me, but my Clubmates came to my rescue. Callum and Dave stopped, as they were behind me, and Shane came back up the hill from the junction to help. I was so grateful as I could not even get the tyre off yet alone back on with the damage to my wrist, so they got me going again and we rode on as a foursome. The other five Rovers went on, as we had lost the Horsham lady rider somewhere. It was still very misty yet occasionally the sun did break through.

Going up Fysie Lane (the 3rd time this year for me) some were walking! I got up OK, you would not expect anything else from me would you! Paul Gibbons was doing the sheet punching (he may have devised the route!) and we then got caught by the level crossing at Robertsbridge (more delay). We were 9 minutes down at the half way point (52km), going through in 2 hrs 39 minutes due to my fall and puncture. We did not panic, there was a lot of climbing still to do so we rode on steadily with the other 3 waiting when I went off the back. They relied on me for the route directions so had no choice really.

The last big climb was up to Brightling and Woods Corner, and we were all together. We were gradually clawing back time, without getting in a lather (applies to me, not the other three!). Although we were now descending there was still climbing to do before Golden Cross. We caught up with Kevin Burton, who was struggling a bit and had lost his pump to boot, and the lady from Horsham was with him. So now four Rovers were about 5 minutes up the road, Kevin slipped off the back of us, as did the lady. After Golden Cross we went a bit wrong, as we missed the 2nd right to Ripe as we forgot that the first right was at Golden

Cross! Schoolboy error! We soon realised we were wrong and turned round, to meet Kevin at the turn to Ripe, so we were back together again.

We soon arrived at the 3rd control outside The Lamb in Ripe, with just 10 miles to go and 45 minutes to do it in, so we felt we had cracked it. We rode on and Kevin went out the back door again, and caught us up when we stopped at the 4th Control where Richard Meed had got to from Checkpoint 1, unless he has a double/twin. Kevin was out the back before the finish, so 4 of us rode on to finish with 8 minutes to spare, in 4 hrs 52 minutes. Job done. No food provided by organiser on the way round, only at the finish and very nice it was too! I got round on 2 bananas and half a bottle of drink, and no "bonking". I had 4 cereal bars and a gel which I just carried round. I measured the distance as 106.30km, including our slight diversion near Ripe, so 105km as per route sheet is about right. We averaged 22.8km/hr (14.25mph) riding speed with a ride time of 4hrs 39mins so only stopped for 13mins including the accident and my puncture. The amount of climbing was 1425m (4679ft). Interesting comparison with the 1066 in October when I averaged 15mph riding speed on my lighter Merlin, so not slowing down too much!

Kevin got round in time and Geoff Smith went round with Rob Pelham's 4 hrs 30mins group. They, Rob's group, were going well when they passed us with Rob on the front, as he knew the route which we thought it was unfair as we had to keep trying to read the route sheet and look out for the roads/turns. Peter Baker also got round in the 4hr 30 minutes group. Iain Brogden rode round in under 4 hrs with Sean Yates, yet was disqualified because he was in the 5 hr group hence got back too early. Shaun Reed rode with Iain and Sean may well have got caught like this (he was meant to be in the 4hr 30 mins group), and he also fell off on a slippery bit of road after Sheep St Lane.

Final Stat's

Total Entries		131
Starters		103
Successful Finishers (30% in 4hr group; 38% in 4.5hr group and 43% in 5hr group)		53 (40%)
<u>Breakdown per club</u>	<u>number on start sheet</u>	<u>(% 's are finishers to starters)</u>
East Grinstead CC	8	2 25%
Eastbourne Rovers CC	17	10 59%
Horsham Cycling	2	1 50%
Worthing Excelsior CC	13	9 69%
Brighton Mitre	6	1 17%
Lewes Wanderers CC	49	23 47%
Bayeux Landscapes	4	2 50%
Brighton Phoenix Tri	3	1 34%
West Kent RC	1	1 100%
InGearQuickVitTrainSharp	9	1 11%
Southborough Wheelers	2	2 100%
<u>No finishers</u>		53
Brighton Excelsior CC	7	
Team Lifestyle	8	
PB Science	1	
Bodyworks XTC	1	

Although the Lewes won they started with 49 riders on the entry sheet, I don't know how many did not start.

In the 5 hour group, the 13 Worthing Excelsior CC riders were as follows;

Barrie Le Grove, Clive Lett, John Baldwin, Kevin Doe Mike O'Gorman Nicole Patterson
Peter Lagan, Phil Frean, Phillip Walker, Robert Downham, Rocco Sepe, Simon Atkinson, and Tony Knott.
Unfortunately Barrie, Clive, Nicole and Rocco did not finish within the time, I don't know whether they started or not! No Worthing riders rode in the faster groups.

The fact that the route was not published beforehand, on the basis that some would put the info into their gps, generated this E mail correspondence;

From: [Andy Eaton](#)
Sent: Wednesday, November 30, 2011 9:33 AM
To: richthomas@btinternet.com
Subject: FW: ESCA Reliability

Richard

In response to Rob Pelham's rather sarcastic e-mail about the reliability – I sent the below e-mail. It's bounced back undeliverable, but maybe you'd like to put the comments in the next newsletter.

There is one thing, as a lawyer, I cannot tolerate in any walk of life and that's unfairness, and this event had 'unfairness' written all over it. Especially after Adam told me that Rob Pelham was shouting out the directions from within the group. For that reason the whole Reliability result should be declared as invalid, and his whole group should be disqualified as not abiding by the rules !!

Andy

From: Andy Eaton
Sent: 30 November 2011 09:20
To: 'robmpelham@gmail.com'
Subject: ESCA Reliability

I am afraid you have badly misjudged the reaction to the event outside your circle of friends. Whilst I entered the event I choose not to ride as I always suspected the rules would be the same for most groups, except Lewes Wanderers, who it was generally believed by most of my cycling friends would have access to the route, notwithstanding nobody else did. In the end you may cry out that there was no foul play, and that nobody knew the route, but then it was irrelevant on the day as the group you yourself rode in enjoyed the fact that you were shouting out the directions as it sped along as witnessed by several people – which rather proves the point, there was one rule for everyone and a separate one for Lewes Wanderers. Perhaps to make it fair to everyone you should have abstained from riding, and left your club mates to fend for themselves with the directions !

Now where is your sense of fairness, never mind everyone else's sense of humour

Andrew Eaton
Eastbourne Rovers

From: Richard Thomas [<mailto:richthomas@btinternet.com>]
Sent: 30 November 2011 17:09
To: Andy Eaton
Subject: Re: ESCA Reliability

Andy,

I will put these two pieces into the next Newsletter.

I understand your reasoning. However, there were some 48 Lewes Wanderers taking part and only a few in the Pelham group, which also included our Geoff Smith. If it is any consolation, some Lewes riders in their 5 hr group actually went off course, missed a checkpoint and hence did not get credited with the ride.

On another matter, it could be argued that not giving out the route beforehand makes the ride less safe. This is why Audax rides always send out the route in advance, so the riders can familiarise themselves with the route beforehand and so that friends, family etc at least have some idea where they are going.

Richard

Rich

Maybe this isn't worth pursuing as it's all done now !

I do accept your point about safety as it was a bad day and I'm sure it added to the risk

Andy

Clubrun 27 November 2011

I did not venture out as the wind and rain were a deterrent. Several brave souls, amongst them Tony, Clive and Rob ventured down to Lewes for a cafe stop before returning home. The full ride, "Clive's" route, was done on 4 December, see report below.

Clubrun 4 December 2011

A good turnout on a cloudy and dull day saw 14 Rovers and friends leave Polegate northwards to Hailsham via the Cuckoo trail and Sayerland Lane before joining the Stone Cross Road. Boyd Johnson was out on his knobbly tired mountain bike and fairly whizzing along. We were doing the "Clive Richardson" route to Lewes via Arlington, Berwick, Laughton and Ringmer. Approaching Ringmer the wind turbine at Glyndebourne is very noticeable, more so than from the top of Firle Beacon. A rider who had been sitting in since Laughton came by with a cheery hello, on a nicely restored curly Hetchins with a gold coloured cassette! Must be a first outing as it was so shiny! Boyd turned off in Ringmer, leaving just 13, and a further "split" occurred when we stopped at "Bills" in Cliff High Street for a cafe stop, when Iain Brogden, Peter Moon and Andy Eaton opted to ride on.

We sat outside so we could keep an eye on the bikes and it was a bit chilly. Clive's route then headed for Newhaven and Alfriston, hence on leaving Cliff High Street we turned left along Friars Walk and past the Railway Station onto the "pave" sections in Southover High Street, before a blast towards Kingston and down to Newhaven, on the course (old A275) used by Lewes for their evening "10's" up to the mid 1980's. By now the group was fragmenting a bit on the "ups" with Jack Priddy, Shane Hills, Adam Ford and Tony Murphy doing a good bash at the front, whilst Clive Richardson, Rob Rickson, Alan Symonds, David Howard-Houston, Roger Fordham and yours truly were spread out behind.

We took to the cycle path from Newhaven to Seaford, then along the seafront road where Shane gave Roger a bit of experience in following a wheel and Clive and Rob raced the rest of us from the cycleway on the sea side of the road. Regrouping for the slight climb up to the main road we then descended to the Cuckmere Valley then turned left to Littlington, where once again the elastic stretched to nigh on breaking point on the nice little leg sapping climbs.

Towards Alfriston we regrouped and headed for Berwick where the hills induced some interesting sprinting between Jack and Tony. We then stopped at Arlington Reservoir for another coffee stop before heading for the penultimate sprint up to Upper Dicker, where we regrouped before the final sprint up past Arlington Stadium to the A22. By now there were quite a few pairs of tired legs and a long piece of elastic!. We then went our separate ways in Hailsham, with Adam, Alan and Jack saying their goodbyes leaving David, Shane, Rob, Roger, Clive, Tony and me to ride down to Polegate, where Shane accompanied Roger to Stone Cross and the rest went to Eastbourne.

A good time was had by all, I recorded 86km at an average of 26km/hr riding speed. The rain stayed away and we had no mechanicals. Next week some are doing the Mince Pie and Stollen Audax but there will be a clubrun as usual. Keep those wheels turning!

11 December 2011

A Clubrun route was available on the website. I do not know whether anyone went on it.

Some of us did the Mince Pie and Stollen Audax today, see report below.

The Mince Pie and Stollen 100km Audax 11 December 2011

I woke to the patter of rain and the sound of a fairly strong breeze, so all good indications that the day was right for an Audax ride!

By the time I ventured outside to ride to the start at Hailsham things had improved slightly, although it was very grey. I actually arrived at the start with time to spare, unusual for me! After picking up my Brevet card, banana and choccy biscuit from Dave Hudson, I met up with the rest of our merry gang, Adam Ford, Shane Hills, Stuart Medhurst, Peter Moon and Clive Richardson. There may have been a couple of no shows due to the less than inviting weather.

Sharp at 9am we were off up the first col, ie the climb up the Leisure Centre car park! Through Hailsham and onto Hellingly and Grove Hill we were with some other local riders, amongst whom were John Gallsworthy, Rob Foster and Chris Colyer from the CTC Mid-Week group. Once we crested Grove Hill we were six, the others deciding to take it easy/drift off the back due to the blistering pace! Into Horam then onto Waldron, past the Star Inn to turn right at the cross roads, where there was the only information control, being the name of the house there (Compass House). It had started to rain so some donned waterproofs as we mingled with other riders at the info. control stop. We climbed up to Cross in Hand and got split by the traffic whilst trying to get onto the main A 267. Stuart then got a rear wheel p*n*t*r*, so I suggested that Clive and I would ride on as the others were faster than us and would soon catch up. Apparently it only took a few minutes to sort out the puncture but an age to get Stuart's "double gloves" back on!

I was unsure whether to stop to put on my rain jacket but kept going through to Burwash and Etchingham, by which time I was cold and damp so stopped at the turning into Oxenbridge Lane to put it on and down a banana. Whilst there, Peter Baker came by, with his PBP number still on his bike. Poseur peut-etre! Clive then remarked "well that's the easy bit" as we grovelled up the climbs, passing a few riders who were having even more difficulty with the gravity of the situation than we were.

The lanes were a bit mucky and whilst I was behind Clive's mudguardless bike I truly became "spotted Dick". So I went back to the front, and we finally came out of the lanes onto the main road to Robertsbridge, before taking a right to negotiate the lane under the bridge and the speed humps on the climb up to the A21. It was then left along the rollercoaster that is Poppinghole Lane, again quite mucky, before emerging on the road to Cripps Corner, then straight on to Broad Oak and Udimore.

36km of riding as a twosome were then over as the fast four finally fixed (good alliteration!) us in their sights and caught us as we entered Float Lane. Apparently they were doing "through and off" to catch up with us and they paid for it in their legs later! Stuart said that the "through and off" was a new experience for Shane. Only 6km to the feed in Winchelsea, which was approached via the climb up the A259 and left through the arch and then first right past the church to the lay-by. 60km done, 40km to go. We stopped for about 15 to 20 minutes to consume, amongst other tasty morsels, the comestibles contained in the title of the ride. My mate Chris Tracey was doing the card stamping and another Audax friend, Anton Brown was doing the coffee and tea. Dave was dashing around with hot cheese and pastry rolls from his portable oven. We mingled with the brave souls doing the 200km ride, amongst them being Mark Fairweather, another of my Audax riding companions, rather than me given the rough weather forecast for later in the day.

Leaving the control, a left took us into Wickham Rock Lane, then under the narrow arch and 5km of ups and downs in the narrow lane before taking a right turn through Pett and up to the A259 opposite the White Hart pub. At least it was easier than the climb up from Pett to Fairlight, previously used in this event.

We then went left down to Hastings seafront (although the road did climb up a few times causing the elastic to snap within the "peleton") and hit the wind, blowing hard off the sea and side to head on. We found it hard and we suffered all the way along to Cooden and onto the road to Pevensey (Herbrand Walk). The wind swung a bit more behind us once we got to the level crossing and turned inland. Peter got cramp and was suffering as we approached Pevensey before we turned onto the Rickney Road, where we caught a few riders before turning up to the Hailsham finish. Stuart suffered a softening front tyre within the final kilometre and stopped to put some air into it as we went on, unaware of his predicament. About six riders out of over 60 entrants got back before us, so I think the wind along the seafront in Hastings made it hard for everyone.

I have looked back over the past four years of this event, and as you may remember the first time we did it was when Andy came off in 2008 in icy conditions.

Date	Ride distance km	Ave Riding speed km/hr	Ride time	Total time	Club Riders
2008	108.50	24.6.	4:24:00	5:20:00	Peter Moon, Kevin Burton, Stuart Medhurst, Clive Richardson , Adam Ford, Andy Stobbart, Dave Cox and Richard Thomas .
2009	104.68	23.1	4:31:30	5:04:00	Kevin Burton, Clive Richardson , Dave Cox and Richard Thomas
2010	104.38	22.8	4:34:38	5:14:00	Dave Cox, Adam Ford, Clive Richardson , David Howard Houston, Kevin Burton and Richard Thomas .
2011	102.73	22.6	4:32:52	4:59:00	Peter Moon, Stuart Medhurst, Clive Richardson , Adam Ford, Shane Hills and Richard Thomas

So age is telling on us, as Clive and I have done it all four times, but we must be slowing the fast guys.

Future Audax Events January to early April 2012

I will not be doing any more Audax events until next April, but there is nothing to stop anyone else entering the early season events as listed below.

Sat 21 Jan 2012

U 100km  **09:00 from Hailsham Hills and Mills**

BP AA1.75 [1850m] £10.00 Andy Seviour

Sun 29 Jan 2012

100km 09:00 from Newlands Cor (Guildford), Surrey El Supremo's Tea & Biscuits 100k

BP £ONLY £1.00 David Hudson

Sun 05 Feb 2012

100km 09:00 from Pease Pottage, W Sussex Cheese Toastie 100

BP £7.50 Dave Hudson

Sat 11 Feb 2012

U 100km 09:00 from Dial Post, West Sussex Worthing Winter Warmer

BP £5.00 Mick Irons

Sat 18 Feb 2012

120km  **09:00 from Hailsham Mad Jack's- John Seviour Memorial**

BP AA2.5 [2450m] £10 Andy Seviour

Sun 04 Mar 2012

200km 08:00 from Newlands Cor (Guildford), Surrey Uppertea 200

BR £7.50 David Hudson

100km 09:00 from Newlands Cor (Nr Guildford), Surrey Uppertea100

BP £7.50 David Hudson

Sun 25 Mar 2012

200km  **08:00 from Golden Green, Tonbridge Man of Kent 200**

BRM [1425m] £6 David Winslade

Sun 01 Apr 2012

100km 09:00 from Polegate (Nr Hailsham), E Sussex For those who dont do hills 100

BP £8.00 Dave Hudson

100km 09:00 from Polegate Nr Hailsham, E Sussex Tour of the Sussex Hills 100

BP AA1.75 [1800m] £8.00 David Hudson

I am doing a control on this ride (I think!)

My programme is as follows;

1 April	Tour of the Sussex Hills 100
14 April	Cheese Toastie 100
5 May	Tea Bag 400
19 May	Tea Bag 600
16 June	The Audax UK National 400
24 June	Dieppe Raid 140
Early July	Fairies 200

To join Audax UK or to view their website look on <http://www.aukweb.net/home/>

ANNUAL GENERAL MEETING REPORT 5 DECEMBER 2011

A good attendance at the meeting agreed several changes for next year, as detailed here;

Life Members

There are five new life members, some have been associated with the Club for about 60 years! Pam Dutson, Stuart Greenway, George Henty, Charles Robson and Roly Wickham will join Graham Cox, Dave Dunbar, Graham Lade and Jane Lade. All have given exceptional service to the Club.

Officers for 2012

Harry has relinquished his role but remains on the Committee and Stuart Davis has taken it over.

Secretary	Ann Human
Treasurer	Peter Moon
Open Time Trials	Stuart Davis New
Club Time Trials	Dave Cox
Road Race	Vacant
Track	Vacant
Audax Coordinator	Richard Thomas
Junior Rep	Vacant
Press Secretary	Tony Murphy
Minutes Secretary	Emma Richards
Committee Members	Harry Featherstone New
	Alan Symonds
	Rob Rickson
Website	Iain Brogden
Newsletter	Richard Thomas
Recorder	Ann Human
Auditor	Stuart Davis

This next matter affects Club Events, but we had no choice thanks to the CTT.

Item 7 CTT increase in club levies for 2012

(a) Club event entry fees for 2012

The CTT will double the levy for club events from £1 to £2 in 2012. This has been explained as necessary to maintain income for the CTT following the defeat of a motion to increase club affiliation fees at last year's national council coupled with a significant downturn in open event entries and associated levies.

Therefore it was agreed that:

Club event entry fees for 2012 will increase by £1 as follows:

£3.00 per event – First and Second Claim members

£4.00 per event – Non members

(b) Automatic entry to evening series competition

With the club left with no alternative but to pass the increase in levy onto its

members it is felt that it would be too much to charge an additional fee to be part of the evening series competition. In 2011 the charge for the competition including entry to the whole evening series was £20 and if a member did all 18 evening series events the charge to the club would have been £18 in levies, however we would have to charge at least £36 for entry to the whole evening series to guarantee we would break even.

It was agreed that:

There will be no additional charge for the evening series competition as all first and second claim members will automatically be included. (6 rides will still be needed to qualify)

(c) Optional one off fee for entire evening series

Whilst some members may be happy to pay £3 for each individual event they ride, the committee recognises that one of the benefits of the fee to be part of the evening series competition included entry to all the events which many members may have found a more convenient way to pay, together with the advantages in administration.

It was agreed that:

An optional one off fee of £35 could be paid to cover the whole evening series to include entry to any number of events. (a cost of just under 12 entries to ride all 18 events)

Item 8 Club rule 7 amendment

The committee feels this rule is too ambiguous and may give the impression that second claim members could be eligible for awards such as the Eastbourne Rovers Best All Rounder etc., whilst representing their first claim club in open events, and it should be made clear that second claim members are eligible for awards relating to club events only.

It was agreed that:

The word 'club' to be inserted between any and event to read "Second claim members may take part in any **club** event and receive any awards that may be offered with the exception of the club's perpetual trophies".

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Item 9 Southern Counties Cycling Union marshalling obligation.

There was much discussion on this and it was agreed that the Club **would Affiliate and offer** to help marshal the Open 100 mile event. See Option (a) below. The explanation is given below;

Clubs affiliated to the SCCU have an obligation to provide marshals for the SCCU events. In 2011 we were asked to supply 5 marshals, but we were unable to fulfil this obligation as no volunteers from the club were forthcoming. The SCCU also offers private membership to individuals whose clubs do not affiliate, which does not include any obligation to marshal.

Affiliation to the SCCU, whether as a club or individual, enables members to compete for SCCU awards and enter the three **Association Only** events, which in 2012 will be the SCCU 25 on 22 Apr, the SCCU 10 on 19 May and the SCCU 25 on 09 Sep – all other SCCU events including the 50 and 100 are open events. .

In 2011 no members qualified for SCCU awards and we had eight members ride association only events as follows:

SCCU 25 on 17 Apr – none

SCCU 10 on 21 May – Dave Cox, Adam Ford, Tony Murphy, Geoff Smith and Andy Stobbart

SCCU 25 on 04 Sep – Iain Brogden, Vic Butler, Stuart Davis and Tony Murphy

The choices put to the AGM were that we EITHER:

(a) continue to affiliate to the Southern Counties Cycling Union in 2012 with those in favour indicating a personal willingness to fulfil the obligation to marshal.

OR

(b) We do not affiliate to the Southern Counties Cycling Union in 2012 and those members wishing to compete for SCCU awards or enter the **association only** events apply for private membership.

Item 10 Subscriptions

These remain the same as for 2011

£20 – Senior

£20 – 2nd Claim

£10 – Juvenile

£10 – Junior

£10 – Associate

Item 11 Affiliations

As for 2011

British Cycling, Cycling Time Trials, Cyclists Touring Club, East Sussex CA, Sussex CA, Kent CA, Southern Counties CU

Ann Human – Secretary Report –

2011 has been a very successful year for the club with our membership growing from 60 last year to 67 this year, and with six new members already for 2012, it looks set to continue.

The success of the club is undoubtedly down to the effort and contribution from our members and this year we have been actively involved in many pursuits to raise the profile of the club. These include the first Eastbourne Cycle Festival, the national 24 hour, promoting five open events - two for ESCA, one for the Surrey/Sussex VTTA and two for Eastbourne Rovers, not to mention the ever popular series of club events, runs and rides.

Mainly due to Iain's endeavours, the club acquired two watt bikes in 2011 courtesy of Eastbourne Borough Council. The bikes are available for use by our members and give us the opportunity to present the bikes at council sporting events giving us a free presence to promote the club.

One of the highlights of 2011 was the ESCA promotion of the National 24 in which we witnessed the record breaking 541.17 mile ride by Andy Wilkinson, and thanks must be given to all the members who contributed to the smooth running of the event and supported our team of riders; Richard, Peter finishing 10th place and Geoff winning the national award for his age group. Iain also represented us on the National stage with notable accomplishment, being 13th in the National 10, 25th in the National 25 and 18th in the National 50.

The hard work, commitment and time so many give in support of the club is very much appreciated and I would like to thank all those that serve on the committee. In addition, I would like to give special mention to the following:

Dave Dunbar who welcomes us every week with a refreshing smile and cup of tea at club nights. All who keep us up to date with what's going on, including Iain with the website, Richard with the newsletter, and Tony with local media.

All who keep us active by co-ordinating club runs and rides, including Richard, Tony and Dave Graham, Jane, Iain, Rob and Alan for their contribution to the success of the Cycle festival and all those who helped out on the day

Dave, Stuart and Peter who promoted open events with Sue and Lilly delivering their excellent refreshments, and the many other helpers that maintain the Eastbourne Rovers reputation for putting on some of the most enjoyable events in East Sussex.

Last, but by no means least, I would like to say a very big thank you to Dave and Sue for all they do week in week out, to bring us the series of club events together with all those who regularly step up to time and marshal, including Graham, Jane, Dave Dunbar, Gavin, Harry and Ken.

The club also contributes a tremendous amount in support of cycling locally with Jane and Graham acting as official timekeepers for the CTT London South. Charles Robson was London South course measurer for many years until he stood down at the end on 2011, and I have just been asked to take on the role as Auditor for London South. Dave Cox is time trial secretary for the VTTA Surrey/Sussex Group. I am racing secretary and recorder for East Sussex CA together with Graham the Vice Chairman and Jane with the unenviable task of Minute Secretary. We also have four members on the Sussex CA committee including Dave Cox, Peter Moon, Geoff Smith and myself as SPOCO Competition Secretary.

Peter Moon – Treasurer Report – AGM 05 December 2011

I have not included all the details of the accounts here but if anyone wishes to see them please ask Peter. Ed

Membership Analysis

Membership Numbers

The number of members increased by 11.7 % from 60 in 2010 to 67 in 2011

Time Trial Secretary's Report – Harry Featherstone

The club can be very pleased with their time trial results.

Our team in the National 24 hour of Peter Moon, Geoff Smith and Richard Thomas performed well.

Iain Brogden's 1.50.08 in the National 50, 4.06. in the SCCU 100, plus several short 50's at 25 miles, Peter Moon's 4.14. in the ESCA 100 for 6th place. Emma Richards rode well throughout the season, mixing with her Triathlon events.

Matt Woods and Shane Hills improved throughout the season. Next season looks well, with Richard Gillott's hopes of riding.

I find it impossible to collect riders' times after the weekend, often they cannot remember.

With that in mind and with some regret I have decided to stand down as Open Time Trials Secretary, but I would like to remain a Committee member.

Ann Human – Open TT Report – AGM – 05 December 2011

As Harry was away on holiday, Ann put together the following time trial results for the meeting and compiled this quick list of the best of each rider's results at each of the standard time trial distances. Where applicable team wins and Association competition results etc will be documented in the 2012 club handbook.

Rider & Dist	Date	Course &Event	Pos	Time	Plus
Ken Beckett 10	26/03/11	Q10/33 Southborough Wheelers	73	00:33:20	0:00:14
Iain Brogden 10	02/07/11	G10/57 Old Portlians CC	1	00:20:18	0:05:36
Iain Brogden 25	25/09/11	G25/53 Epsom CC	3	00:52:46	0:14:14
Iain Brogden 50	19/06/11	H50/8 RTTC Championship	18	01:50:11	0:28:54
Iain Brogden 100	24/07/11	G100/60 Southern Counties CU	11	04:06:57	0:51:32
Kevin Burton 10	20/08/11	G10/57 Epsom CC	35	00:24:53	0:03:45
Kevin Burton 25	28/08/11	P901/25 VTTA Wessex	33	01:05:52	0:07:57
Vic Butler 10	10/09/11	G10/87 East Sussex CA	40	00:26:10	0:05:50
Vic Butler 25	04/09/11	G25/53 Southern Counties CU	75	01:05:55	0:15:58
Vic Butler 50	11/09/11	E1/50 Eagle Road RC	14	02:28:56	0:21:03
David Cox 10	21/05/11	G10/57 Southern Counties CU	61	00:26:37	0:04:08
David Cox 25	15/05/11	G25/53 Worthing Excelsior CC	88	01:11:38	0:07:17
Stuart Davis 10	09/07/11	G10/57 South Eastern RC	16	00:22:59	0:02:31
Stuart Davis 25	04/09/11	G25/53 Southern Counties CU	39	00:59:24	0:06:36
Andy Eaton 10	10/09/11	G10/87 East Sussex CA	35	00:25:09	0:02:11

Rider & Dist	Date	Course &Event	Pos	Time	Plus
Adrian Elliott 25	14/08/11	G25/89 Eastbourne Rovers	14	00:59:02	
Jez Fallon 10	13/08/11	G10/87 Eastbourne Rovers	21	00:25:53	0:00:49
Harry Featherstone 10	18/06/11	G10/57 Horsham Cycling	46	00:26:40	0:07:42
Harry Featherstone 25	17/04/11	G25/89 East Sussex CA	50	01:08:17	0:19:18
Harry Featherstone 50	10/07/11	G50/89 East Sussex CA	41	02:24:50	0:36:59
Adam Ford 10	02/07/11	G10/57 Old Portlians CC	30	00:24:23	0:01:07
Adam Ford 25	12/06/11	G25/89 Southborough Wheelers	28	01:04:27	0:01:33
Sue Fry 10	13/08/11	G10/87 Eastbourne Rovers	31	00:28:18	
Sue Fry 25	18/09/11	G25/89 VTTA Surrey/Sussex	34	01:12:23	
Shane Hills 10	13/08/11	G10/87 Eastbourne Rovers	15	00:24:05	
Shane Hills 25	14/08/11	G25/89 Eastbourne Rovers	26	01:02:32	
Mark Jobbins 10	04/06/11	G10/87 VTTA Surrey/Sussex	28	00:29:26	-0:03:08
Graham Lade 10	16/04/11	G10/87 East Sussex CA	62	00:30:56	0:00:34
Jane Lade 10	16/04/11	G10/87 East Sussex CA	64	00:33:55	-0:00:37
Liz Lumber 10	10/09/11	G10/87 East Sussex CA	46	00:27:08	0:01:04
Liz Lumber 25	18/09/11	G25/89 VTTA Surrey/Sussex	31	01:10:23	0:02:20
Peter Moon 10	16/04/11	G10/87 East Sussex CA	15	00:23:20	0:04:13
Peter Moon 25	17/09/11	H25/8 North Hampshire RC	22	00:58:07	0:13:00
Peter Moon 50	10/07/11	G50/89 East Sussex CA	8	01:59:09	0:28:29
Peter Moon 100	21/08/11	G100/86 East Sussex CA	6	04:14:34	1:02:15
Peter Moon 12hr	04/09/11	Q12 Kent CA	4	247.320	38.640
Peter Moon 24hr	25/06/11	G24/89 RTTC Championship	10	443.630	78.440
Tony Murphy 10	23/07/11	G10/57 Crawley Wheelers	23	00:23:42	0:03:25
Tony Murphy 25	14/08/11	G25/89 Eastbourne Rovers	24	01:01:07	0:08:57
Tony Murphy 50	07/08/11	G50/53 Anerley BC	38	02:08:55	0:16:33
Tony Murphy 100	21/08/11	G100/86 East Sussex CA	18	04:38:56	0:33:13
Emma Richards 10	18/06/11	G10/57 Horsham Cycling	27	00:24:34	
Emma Richards 25	14/08/11	G25/89 Eastbourne Rovers	31	01:03:04	
Emma Richards 50	10/07/11	G50/89 East Sussex CA	34	02:17:08	
Clive Richardson 10	04/06/11	G10/87 VTTA Surrey/Sussex	30	00:31:57	0:00:03
Rob Rickson 10	10/09/11	G10/87 East Sussex CA	48	00:27:52	-0:01:22
Rob Rickson 25	11/09/11	P901/25 Bognor Regis CC	41	01:10:37	-0:02:06
Geoff Smith 10	20/08/11	G10/57 Epsom CC	22	00:23:06	0:06:56
Geoff Smith 25	14/08/11	G25/89 Eastbourne Rovers	19	01:00:15	0:16:56
Geoff Smith 50	07/08/11	G50/53 Anerley BC	28	02:04:48	0:35:26
Geoff Smith 100	21/08/11	G100/86 East Sussex CA	19	04:39:02	1:04:49
Geoff Smith 12hr	04/09/11	Q12 Kent CA	10	227.064	34.974
Geoff Smith 24hr	23/07/11	D24 Mersey RC	29	353.275	17.105
Andrew Stobbart 10	20/08/11	G10/57 Epsom CC	32	00:24:40	0:02:53
Andrew Stobbart 25	12/06/11	G25/89 Southborough Wheelers	29	01:04:52	0:06:15
Andrew Stobbart 50	10/07/11	G50/89 East Sussex CA	37	02:18:49	0:08:49
Alan Symonds 10	10/09/11	G10/87 East Sussex CA	51	00:28:30	0:04:48
Richard Thomas 24hr	25/06/11	G24/89 RTTC Championship	50	345.470	21.720
Matthew Woods 10	20/08/11	G10/57 Epsom CC	7	00:21:39	0:03:51
Matthew Woods 25	14/08/11	G25/89 Eastbourne Rovers	5	00:56:56	0:09:04

Richard Thomas – Audax Co-ordinator's Report

I will be including in this Report not only Audax events but other non racing activities such as clubruns and "cafe" rides, to demonstrate that we also participate in the wider world of cycling outside the racing scene.

Audax events and Reliability Trials

Audax events started in December with the **Mince Pie and Stollen 100km**. Dave Cox, Adam Ford, Clive Richardson, Kevin Burton, David Howard-Houston and Richard Thomas rode this event.

The **Lewes Wanderers Reliability Trial** in January had 4 successful Rovers; Iain Brogden got round in the 3½ hour group and Adam Ford, David Howard Houston and Richard Thomas got round the 48.6 miles in under 4 hours

The other early season Audax events were avoided in the main. This year no one did the Hills

and Mills in January or Mad Jack's in February. Richard Thomas did both **The South Downs National Park 100km** on Sunday 30 January 2011 AA2 [2040m of climbing including Butts Brow (twice), High and Over (twice) Bow Peep, Firlie Beacon, and as well as the Beachy Head circuit and back up the main road from East Dean to Eastbourne Golf Club] and **The Winter 1066 100km** on Saturday 5 February 2011 [1400m of climbing]. Both these events were held in near freezing conditions.

Richard then rode the **Spring Upper Tea 200km** on Sunday 6 March 2011 from Hailsham in cold weather, particularly once the sun went down. This was followed by the **Man of Kent 200km** on Sunday 27 March.

In April, Richard rode the **Hailsham (Venta) 300km** event on 16 April as a warm up for the **400km Easter Arrow** team event with 4 of his Audax colleagues **from London to York** on 22 April. Richard also pre-registered his entry for Paris Brest Paris in August, but still had to do the remaining 400km and 600km qualifying rides in May.

May was a busy month with Richard riding two 400kms (the event from **Hailsham** westward on 7th and the **Asparagus and Strawberries** in Norfolk on 14th) and a **600km from Midhurst** to Hay on Wye and back on 21st. Sandwiched between the second 400km and the 600km Richard joined others for 5 days on the Isle of Wight.

This **Tour de Wight** was organised by Ian Landless. Three Rovers (Kevin Burton, Bill Crowthorn and Richard Thomas) joined 3 Lewes Wanderers (Ian Landless, Tony Gale and John Galloworthy) for an enjoyable few days.

Moving into June, six Rovers spent five enjoyable days in north Normandy and as a conclusion took part in the **Randonnee de Trois Vallees** out of Dieppe on Sunday 12th. Dave Cox, Kevin Burton, Rob Rickson and Richard Thomas did the 140km event and Stu Greenway and Mike Horner did the 100km event.

In early July Richard rode the **Fairies Fairly Flat 200km** followed by a **DIY 500km** ride on 21/22 July from London to Lincoln and back with his riding companion Rob Bullyment to replicate their first 28hrs of PBP, when they plan to get to Carhaix (528km) before a rest/sleep. As a final fitness test before PBP, Richard rode the **LEL (Lancing- East Tisted-Lancing)** on August, 208km in under 10hours to prove a point!

Then there was just the question of Richard riding down to Paris over 2 days, riding **Paris-Brest- Paris (PBP)** and then riding back over 2 days, all accomplished according to plan. By completing his 4th PBP in 79hrs 4 mins for the 1230km, Richard did his second fastest time, so with 11 hours in hand will be going back in 4 years time for another go.

To finish off the season, Richard, Kevin Burton and Clive Richardson rode the **Autumn 1066** 106km Audax on 3 October.

Last month, November saw 17 Rovers enter the **ESCA Reliability Trial**, held this year over a over a 65 mile course to mark the 65th Anniversary of ESCA. 14 started and 10 were deemed to have successfully completed the course. Geoff Smith went round in 4½ hour group, a very commendable ride over a tough course which had about 1425m of climbing. The other nine successful Rovers, Shane Hills, Callum McKee, Dave Clark, Kevin Burton, Peter Moon, Andy Stobbart, Adam Ford, Stuart Medhurst and Richard Thomas opted for the 5 hour group, the maximum time allowed. Even so, this was quite a challenge for some, including one who not only fell off but then had a puncture. Without help from team mates he would not have finished, surely this is the spirit of the event. Iain Brogden went round with Sean Yates in the 4 hr group but was disqualified as he had been entered in the 5 hour group. We were only beaten by the Lewes. This popular event attracted 131 entries with 101 starters. Yet it also caused some disconcert as the route was not published in advance. There was a significant

attrition rate, with only 53 riders successfully completing the course in their nominated time.

Several of us are doing the **Mince Pie and Stollen 100km** again this year on 11th December.

A target for Audax riders each year is to collect 50 points or more to gain the Randonneur 5000 award. Richard has done this by riding 17 events, a total of 5580km, with 35,312m of climbing (where measured). In order to achieve the required level of fitness Richard has ridden 12,000km to date this year.

Clubruns

These are currently proving very popular, with up to 17 members participating some weeks. The normal pattern has been for 2 rides, a longer faster ride and a conversational paced slightly shorter ride. Most include a cafe stop as tradition dictates. Although the tradition is for "Winter" clubruns, members also held clubruns in the Summer months for those who were not racing that weekend. Several Members also partake of "cafe" rides which take place on Mondays, Wednesdays and Fridays, the latter being to the ever popular Wessons cafe in Horam.

Newsletter Editor's Report

Since last December the Newsletter has been published 7 times, in February, March, April, July, August, October and November. The next edition is due out this week. The erratic sequence in the early Summer months was due to the Hon Ed spending rather a lot of time on his bike!

Massage Discount

Sue Fry and Liz Lumber, level 3 qualified Sports Massage Therapists, are offering to do 1 hour treatments for £25 to Eastbourne Rovers members (normally £30). To book, call Sue on 07866 457905.

Please support our friendly local bike shop

Adam Rogers at **Kontour Cycles** is continuing to offer special discounts to members of Eastbourne Rovers on selected products during 2011, and he's ready and able to undertake all aspects of servicing and repairs in preparation for the winter ahead – pop in or give him a call on 01323 482368.

The next Newsletter will be out at **early January 2012**.

Articles wanted, please don't be shy. The success of the newsletter depends on you. Closing date for articles for next issue is **28th December 2011**. Please contribute something for members to read and enjoy!

My contact details are:

Tel: 01323 502615

Email any articles to : RichThomas@btinternet.com

Richard T.