



Sussex Cyclists' Association

2011 SCA SPOCO Competition

► History of SPOCO

The pioneering sporting courses points competition, known as SPOCO, was founded by Bill Norris in 1982 to encourage the use of courses where traffic was light and the terrain sporting. Standard distances were not necessary as the competition was decided on placings to give points, thus taking the emphasis away from fast times.

► Eligibility for the SCA SPOCO Competition

The SCA SPOCO competition is open to all first claim members of SCA affiliated clubs. There is no need to register for the competition as any qualifying ride by a member of a Sussex CA affiliated club will automatically be recorded.

► How the Competition Works

The competition consists of a series of 25 sporting type events broken down into three categories – Short, Middle and Long distance. For each qualifying event ridden you will be awarded points based on your position in that event – 120 points for first place, down to 1 point for 120th place. **The competition is decided on your highest scores from six qualifying events which must include:**

1 x Group A – Short Distance

1 x Group B – Middle Distance

1 x Group C – Long Distance

And any other three events from any of the distances

- Any number of events can be ridden as your best placing(s) in each category will automatically count towards the competition.
- Times are of no consequence as it's your position on the day that counts.
- Starting at 120 points for the winner, and reducing by 1 point per position, means the fewer riders there are, the more points you are likely to get.

That's the beauty of SPOCO; in the words of its founder "racing on tough courses in bad weather is no longer pointless!"

► Awards

The following awards will be presented at the Annual Prize Presentation Dinner

| | | | |
|----------------------------------|---|-------------|-------------|
| Senior | 1st – SPOCO Senior Trophy | 2nd – Medal | 3rd – Medal |
| Senior Team of Three | 1st – Medal for each team member | | |
| Veteran | 1st – SPOCO Veteran Trophy | 2nd – Medal | 3rd – Medal |
| Veteran Team of Three | 1st – Medal for each team member | | |
| Woman | 1st – Medal | | |
| Junior | 1st – Medal | | |
| Each Successful Qualifier | Signed Certificate for each rider completing the required 6 qualifying events | | |

► Competition Updates

Throughout the season competition updates are produced showing the current positions in the overall and veteran competitions. If you would like to receive e-mail updates direct, so you can keep track of where you are in relation to your usual rivals, please contact ann.human@btinternet.com. Alternatively refer to the SCA website: www.sussexca.org.uk throughout the season.



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2011 SCA SPOCO Competition



► The Qualifying Events

Group A – Short Distance – under 15 miles

| | | | |
|-----------------|-----------------------------|-------|--------|
| Sat 05 Feb 2011 | South Downs Bikes/GS Stella | 18 km | GS/988 |
| Sat 19 Mar 2011 | Southern Counties CU | 10 m | G10/46 |
| Sat 23 Apr 2011 | Brighton Mitre | 10 m | G10/44 |
| Mon 30 May 2011 | Brighton Mitre – * See note | 10 m | GS/995 |
| Sat 11 Jun 2011 | Redhill CC | 14 m | GS/189 |
| Sat 27 Aug 2011 | Sussex CA | 10 m | G10/45 |

| Start | Entry | Promoter | Phone |
|-------|-------|----------------|--------------|
| 14:00 | £8.00 | Reade Harfield | 01903 771290 |
| 14:00 | £8.00 | Robin Johnson | 01403 783368 |
| 15:00 | £8.00 | Robin Johnson | 01403 783368 |
| 08:00 | £8.00 | Robin Johnson | 01403 783368 |
| 09:00 | £8:00 | Geoff Clifton | 01737 247211 |
| 14:30 | £8.00 | Robin Johnson | 01403 783368 |

Group B – Middle Distance – over 15 and under 40 miles

| | | | |
|-----------------|-----------------------------|---------|--------|
| Sun 06 Feb 2011 | South Downs Bikes/GS Stella | 34 km | GS/989 |
| Sat 19 Feb 2011 | Central Sussex CC | 17.48 m | GS/985 |
| Sun 27 Feb 2011 | Sussex CA | 23 m | GS/194 |
| Sun 06 Mar 2011 | East Surrey RC | 29.9 m | GS/491 |
| Sun 13 Mar 2011 | East Sussex CA | 15.06 m | GS/895 |
| Sun 20 Mar 2011 | Southern Counties CU | 25 m | G25/44 |
| Sun 24 Apr 2011 | Lewes Wanderers | 30 m | G30/88 |
| Mon 25 Apr 2011 | Brighton Mitre | 25 m | GS/999 |
| Sun 01 May 2011 | Sussex CA | 25m | G25/93 |
| Sun 29 May 2011 | East Sussex CA | 34.6 km | GS/866 |
| Mon 29 Aug 2011 | Sussex CA | 25 m | G25/49 |
| Sun 11 Sep 2011 | East Sussex CA | 25 m | G25/89 |
| Sun 16 Oct 2011 | Southdown Velo | 27 m | P911 |

| Start | Entry | Promoter | Phone |
|-------|-------|-------------------|--------------|
| 10:00 | £8.00 | Reade Harfield | 01903 771290 |
| 14:00 | £7.50 | Geoff Ericson | 01403 710550 |
| 08:30 | £8.00 | Steve Dennis | 01293 522721 |
| 08:00 | £8.00 | Keith Wilkinson | 01342 842792 |
| 10:00 | £8.00 | Peter Moon | 01323 485180 |
| 09:00 | £8:00 | Robin Johnson | 01403 783368 |
| 07:30 | £8.00 | Rob Pelham | 07971 919599 |
| 07:30 | £8.00 | Robin Johnson | 01403 783368 |
| 07:00 | £8:00 | Mike Anton | 01444 453616 |
| 06:00 | £8.00 | Peter Moon | 01323 485180 |
| 14:30 | £8.00 | Robin Johnson | 01403 783368 |
| 07:30 | £8:00 | Richard Blackmore | 01342 713272 |
| 08:00 | | Fraser Nurse | |

Group C – Long Distance – over 40 miles

| | | | |
|-----------------|----------------------|--------|---------|
| Sun 22 May 2011 | Crawley Wheelers | 41.9 m | GS/196 |
| Sun 29 May 2011 | East Sussex CA | 65 km | GS/865 |
| Sun 05 Jun 2011 | Sussex CA | 50 m | G50/10 |
| Sun 10 Jul 2011 | East Sussex CA | 50 m | G50/89 |
| Sun 24 Jul 2011 | Southern Counties CU | 100 m | G100/60 |
| Sun 21 Aug 2011 | East Sussex CA | 100 m | G100/86 |

| Start | Entry | Promoter | Phone |
|-------|--------|----------------|--------------|
| 06:30 | £7.50 | Stuart Nisbett | 01444 474501 |
| 06:00 | £8.00 | Peter Moon | 01323 485180 |
| 06:00 | £8.00 | Robin Johnson | 01403 783368 |
| 06:00 | £8:00 | Simon Yates | 01892 655785 |
| 06:00 | £8.00 | Rod Starmer | 01883 713043 |
| 06:00 | £10.00 | Bob Harber | 01903 879598 |

* Brighton Mitre event Monday 30 May 2011

There is a combination of 7 events on this day – only the hilly event on course GS/995 is the SCA SPOCO qualifying event

► The Rules

1. The SCA sporting courses points competition (SCA SPOCO) is open to first claim members of clubs affiliated to the SCA only.
2. The SCA SPOCO shall be decided on each rider's best placing in the qualifying events.
3. Points will be awarded in each qualifying ride – 120 points for 1st place down to 1 point for 120th place.
4. Qualifying rides will be the best placing achieved in **six qualifying events which must include:**
One short distance event, **one middle distance** event, **one long distance** event and **any other three from any of the distances**
5. Any number of qualifying events may be ridden
6. Qualifying events shall be decided and published prior to the beginning of each racing season.
7. An open event run by the Sussex Cyclists' Association (SCA), the East Sussex Cycling Association (ESCA), the Southern Counties Cycling Union (SCCU) or any club affiliated to the SCA or an open event that takes place wholly or partly in Sussex, shall be eligible for inclusion in the list of qualifying events.
8. Qualifying events must be published in the CTT handbook.
9. Separate awards are made for men, women, juniors and veterans plus the best team of three from an affiliated club.
10. The Veteran competition shall be open to all riders aged 40 years and over on the date of the event and shall be decided on their placing based on Plus against VTTA Standard Time. This rule shall not prevent a veteran from winning the competition on actual time.
11. The decision of the SCA Executive Committee will be final in the event of any dispute.